

## San Diego Metropolitan Transportation Resource Guide

If you are senior citizens (60+), disabled individuals, and Medicare recipients are eligible for a reduced fair on fixed-route buses and trolleys for as low as \$18 dollars a month. To see a breakdown of fares please click here: <http://www.sdmts.com/fares.asp>

### Disabled Individuals for Reduced Fair Include:

1. NONAMBULATORY. Impairments (such as an anatomical loss or paralysis) that require use of a wheelchair.
2. ARTHRITIS. American Rheumatism Assoc. may be used as a guideline for determination of arthritic disability Therapeutic Grade III, Functional Class III, Anatomical State III, or worse as evidence of arthritic disability.
3. CARDIOPULMONARY/CARDIOVASCULAR DISEASE. Serious loss of heart or lung reserves as shown by X-ray, EKG, or other tests and, in spite of medical treatment, there is breathlessness, pain, or fatigue. Requires impairment at Class III or IV level upon standards accepted by the American Heart Association.
4. CEREBROVASCULAR ACCIDENT. Ongoing debilitating effects following occurrence of cerebrovascular accident (stroke) or cerebral palsy.
5. DIALYSIS. Individual who must use a kidney dialysis machine in order to live.
6. AMPUTATION/DEFORMITY. Anatomical deformity or amputation of hand(s) &/or feet or loss of major function.
7. MOBILITY-AIDED. Disabilities requiring the permanent use of an AFO or larger leg brace, walker, or crutches to achieve mobility.
8. SIGHT DISABILITIES. Result in the better eye, after best correction, which is 20/200 or less; or those individuals whose visual field is contracted (commonly known as tunnel vision): a) to 10 degrees or less from a point of fixation; or b) so the widest diameter subtends an angle no greater than 20 degrees; and c) who are unable to read information signs or symbols for other-than-language reasons.
9. HEARING DISABILITIES. Impairment due to deafness or hearing incapacity that makes it impossible to communicate or hear warning signals where the hearing loss is 70 dB(A) or greater in the 500, 1000, and 2000 Hz ranges.

10. INTELLECTUAL/DEVELOPMENTALLY DISABLED. Subaverage general intellectual functioning originating during the developmental period or from illness or accident later in life associated with impaired adaptive behavior which results in a reduced capacity to perform actions necessary for use of MTS's regular fixed-route services without receiving special training.

11. AUTISM. Monotonously repetitive motor behavior, severe withdrawal, inappropriate response to condition stimuli, and very inadequate social relationships.

12. NEUROLOGICAL DISABILITIES. (1) Substantial functional motor deficits in any of two extremities, loss of balance and/or cognitive impairments 3 months post stroke; or (2) Difficulty with coordination, communication, social interaction and/or perception, functional motor deficits, or significantly reduced mobility that result from a brain, spinal, or peripheral nerve injury or illness. A specific diagnosis is required.

13. EPILEPSY. Grand mal or psychomotor. Persons seizure-free for continuous period of six months disqualified.

14. MENTAL DISORDERS. Individuals whose mental impairment substantially limits one or more of their major life activities AND are unable to use mass transit without special planning, design, or facilities. A principal diagnosis from the DSM IV classification in one of the following areas is required for eligibility: Organic Mental Disorders, Schizophrenic Disorders, Paranoid Disorders, Psychotic Disorders not elsewhere classified, Dissociative Disorders, Psychological Factors affecting physical condition, and Post-Traumatic Stress Syndrome. The severity must meet or exceed standards outlined in the "Disability Evaluation Under Social Security Publication." It must have been for at least 3 months and be expected to continue for at least 3 months past the application date.

15. LEARNING DISABILITIES: An individual has a significant learning, perception, and/or cognitive disability which results in a reduced capacity to perform actions necessary for use of MTS's regular fixed-route services without receiving special training. Some conditions are excluded from eligibility, such as attention deficit disorder (ADD or ADHD), dyslexia, and lack of English proficiency. A specific diagnosis is required.

#### **How to Apply for Reduced Fair Card**

1. To apply for the reduced fair card you either fill out the long form or short form application depending on the documentation you have.
2. To fill out the short form you need the following:

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- a. **People 60 years of age or older with picture ID with birth date.** Acceptable forms of ID for proof of age are:
  - Birth certificate
  - Driver's license
  - State of California Senior ID
  - Medicare card
  - Immigration papers
  - Passport
- b. **People with picture ID and the following forms of identification:**
  - Medicare
  - Supplemental Security Income (SSI) or Social Security Disability Income(SSD)
  - DMV Placard: proof of disabled placard or ID card issued by California Dept. of Motor Vehicles
3. To fill out the Short form please click on the following link:  
[http://www.sdmts.com/documents/AppReducedFare\\_SHORT.pdf](http://www.sdmts.com/documents/AppReducedFare_SHORT.pdf)
4. Take the completed short form to [The Transit Store](#) on weekdays between 9 a.m. and 4:30 p.m. to have your photograph taken and to receive your Reduced Fare Photo ID. The Transit Store is located at 102 Broadway, San Diego, 92101.
5. For persons with medical disabilities who do not have one of the qualifying identification cards necessary to complete the short form, a physician or a qualifying licensed health care professional must complete the Physician's Statement of Medical Disability Eligibility portion of the application.
6. To fill out the Long Form please click on the following link:  
[http://www.sdmts.com/documents/AppReducedFare\\_LONG\\_000.pdf](http://www.sdmts.com/documents/AppReducedFare_LONG_000.pdf)
7. Please return form to:  
  
DISABILITY ID CARD  
  
Metropolitan Transit System  
  
1255 Imperial Ave., Suite 1000  
  
San Diego, CA 92101

8. MTS will notify you if your application is approved with 10 working days contingent upon verification by your physician or licensed health care provider. (To be notified via e-mail, please be sure to provide an e-mail address on page 1 of the long form application.)
9. Once your application is approved and notice is received, go to [The Transit Store](#) on weekdays between 9 a.m. and 4:30 p.m. to have your photograph taken and to receive your Reduced Fare Photo ID. The Transit Store is located at 102 Broadway, San Diego, 92101.

#### Bus and Trolley Routes

1. For bus maps and timetables please click here: <http://www.sdmts.com/mtscr/BusRoutes.aspx>
2. For trolley routes and time tables click here: <http://www.sdmts.com/Trolley/Trolley.asp#schedule>
3. To plan your trip online, finding the best route and different travel modes you can use the transit trip planner. Please click here: <http://www.sdmts.com/Planning/googleTP.asp>

#### Places of Interest

1. For a list of how to get to places of interest in San Diego, please click here:  
<http://www.sdmts.com/Marketing/documents/FunPlacesToGo.pdf>