Sample House Rules

Note: the following are sample House Rules that address ILA required policies; please feel free to use any of the sample language below. We encourage you to discuss the policies with your residents and develop house rules that are customized to your Independent Living and best meet the needs of your residents.

General House Rules:
1. No smoking inside <insert Independent Living name>
2. No illegal drugs/alcohol in or around <insert Independent Living name>
3. No stealing or destruction of property
4. Pets are not allowed. Please discuss with the <insert owner/RA name> if you would like to request special permission for a pet.

Chores and Responsibilities
5. Residents are expected to make up his/her own bed daily;
6. Residents are expected to do his/her laundry weekly following the Independent Living Laundry Schedule
7. Residents are expected to follow weekly chore list posted in the kitchen.
8. Residents are expected to maintain proper hygiene (i.e. take showers regularly, brush teeth daily)

Meals and Food
9. Label all personal food with your name
10. All dishes must be washed after use
11. Residents receive <insert number of meals> a day plus snacks.
12. Meals will be served at the following times:
   - Breakfast: <insert time>
   - Lunch: <insert time>
   - Dinner: <insert time>
13. Snacks are available all day
14. Eating is allowed only in the kitchen and living room

Visiting Hours
15. Residents are responsible for the actions of their guests.
16. Visiting Hours are from <insert time>.
17. No Overnight Guests are permitted.

Medication Management & Medical Emergencies
18. <insert Independent Living name> requires all residents to fill out the Behavioral Health Emergency Response Plan (ERP) form.
19. Every tenant is responsible for his/her medication and contacts with their doctors.
20. If <insert owner/RA name> isn’t on site, contact him/her at (provide phone number). If you are unable to reach <insert owner/RA name> call 9-1-1.

Earthquake/Fire/Disasters
21. In case of earthquake/fire/other natural disasters, residents will leave the house immediately through the nearest exit. Move away from the house and use a cell phone or neighbor’s phone to call 9-1-1.
22. In case of fire, call 9-1-1 or local Fire Department <insert local Fire Department number>

Pest Prevention
23. Prior to moving belongings into their shared space, all new residents are required to wash all clothing and other items.
24. <insert owner/RA name> will inspect all clothing, bedding and other washable items before resident is permitted to move into his/her space.

25. If at any point you think you may have bed bugs, notify <insert owner/RA name> immediately so that they can begin treating the problem.

Professional Conduct and Behavior
<insert Independent Living name> houses a group of adults living together as a family.

26. Residents are expected to treat each other like family, with dignity and respect at all times.

27. Abuse and harassment will not be tolerated.

28. No sexual conduct within <insert Independent Living name>.

29. No fighting or abusive language.

Rule Violation
All residents are expected to follow House Rules while residing at <insert Independent Living name>. A copy of these rules is posted in the living room hallway for your convenience. Breaking any of the house rules may result in an immediate notice to vacate the premises.

Grievance/Complaint Procedures
Grievances and complaints may be brought to <insert owner/RA name> either verbally or in writing. The <insert owner/RA name> will respond to the grievance or complaint within one week. If the issue is still not resolved, <insert owner/RA name> will inform resident of recommended actions.

I, the undersigned, agree to these house rules and have received a copy for my records.

__________________________  _______________________
Resident Signature            Date